

Entire Interview.....followed by Remedies and Ingredients

Cold Remedies

Collector: **Ann O'Brien**

Contributor: **Cora Barney**

Cora Barney:

I have a very good cough syrup that was given to me by the Queen Elizabeth Hospital in Montreal. I had a Senior Citizens home and they were always having colds and whatever, so they told me to make up: 1 ounce of honey, two ounces of lemon, and three ounces of brandy and shake it all together and give it to them as a cough syrup. And it was excellent and it really did work.

For chest congestion, you mix up Minards Liniment and molasses and you drink that and it really well help your congestion on your chest.

Also mustard plaster, if you got problems with your chest... Ann, you must have heard of this one before. Ah.... mustard plaster, you mix up the dry mustard according to the direction on the box, you spread it on a flannel... it has to be flannel, not cotton and apply it to the chest area. It helps to draw out the infection.

Also for a toothache; if you got a toothache, and I remember mom doing this, I mean, I must have looked crazy, going around with a thing wrapped around my head. She use to slice raw potato and put it in a flannel and wrap it around my neck, around my head or wherever the toothache was. I still remember me going around with this thing tied around my head and it worked.... or maybe there again, it's all in the head but ah... that was one we did use and it ah...was fine.

Also if you got a toothache and you've got a cavity in that tooth and you can't get to a dentist, put a few drops of rum in there and it will ease the pain. Also you can add oil of cloves to the same area and it will also ease the pain of a toothache.

Ah....another one for chest congestion, we use to drink Friars Balsam and sugar. Many, many times I use tomom use to give me that. It also works.

And if you got a cut on your hand or on your wrist or anywhere you use turpentine and it seals the cut and it prevents ah.... infection from getting in.

Ann O'Brien:

And you get turpentine from?

Cora Barney:

From the trees, here in the back woods. You go out there. Often my brothers would go out and cut off a piece of turpentine and bring it home and ah....we'd use it for cuts and different things, you know.

Also, you often heard of people having ring worms, you drink sulfur and molasses, mixed together for ring worms.

Ann O'Brien:

So where would you get sulfur?

Cora Barney:

Sulfur? Well years ago we use to get it in cans, I guess most drug stores would carry it today.

Ann O'Brien:

Is it still on the market today?

Cora Barney:

I would say so.

Now mind you, we haven't used that for years, but we use to use it. That was....it was horrible tasting but it ah.... really worked because we use to go to the bathroom and it'd be worms in our stool and mom would get out the sulfur can and the molasses and way to go.

After a few treatments of that, the worms were gone; probably got it from eating pork or something...another that wasn't completely cooked, who knows.

And also another thing for chest colds, you mix up kerosene and camphorated oil together and apply it to your chest.

And another one, I don't know how this one works, but I've heard of this one for a chest cold. You melt some candles ...the paraffin candle wax and you mix it with spice and you apply to your chest. Must be a hell of a job trying to get the candles off...the wax off after, but it's suppose to be. It's an old recipe that I've heard years and years ago.

And another one for burns; you make a paste of baking soda and water and you apply to affected area and it won't leave a scar or anything, if you got a burn on your wrist, or on your hand or anything.

Ann, I think that's about all, I can't remember anymore. If I do, I'll mark them down and give them to you sometime. Thank you again.

Ann O'Brien:

Thank you, Cora.

COLD REMEDIES

Contributor: Cora Barney

Collector: Anne O'Brien

Cough Syrup:

1 ounce of honey

2 ounces of lemon

3 ounces of brandy

Shake it all together and give as a cough syrup.

Chest Congestion:

Mynards Liniment

Molasses

Mix together and drink.

Also for Chest Congestion:

Mix sugar and Friar's Balsam and drink.

Chest Infection:

Mustard Plaster

Mix dry mustard according to directions on box.

Spread on a piece of flannel (not cotton)

Apply to chest area.

Chest Colds:

Mix Kerosene and camphorated oil together and apply to chest.

Also for chest colds:

Mix par fen candle wax and spice and apply to chest.

Tooth Ache:

Slice raw potatoes

Cover in flannel

Wrap it around neck or head so that it is placed wherever the toothache is.

Also for Tooth Ache:

For a tooth that has a cavity place a few drops of rum in the tooth or

Place a few drops of oil of cloves to the area.

Cuts:

Place turpentine on any cut to seal it and prevent infection.

Ring Worms:

Mix sulfur and molasses.

(Sulfur can be purchased at most drug stores)

Burns:

Make a paste of baking soda and water and apply to affected area and it won't leave a scar.