

Entire Interview.....followed by Remedies and Ingredients

HOME REMEDIES

Collector: **Ann O'Brien**

Contributor: **Cora Barney**

Ann O'Brien:

Cora is gonna give me some remedies for ah...what they've been used over the years by older people. Okay Cora.

Cora Barney:

If you got a real sore throat from mumps, ah... drink some cod liver oil, it really soothes the throat. It tastes awful, but it works.

And ah....if you got fevers and colds and whatever and you just can't get rid of it, make a hot drink with chili peppers...chili powder or chili peppers whatever. If you got chili powder it's great, you put it in hot water and mix it up and drink that. That would really sweat anything you got into you out.

And ah....if somebody has got bad breath, suggest they make a nice mouth wash with allspice and water, and rinse your mouth out, it's really good, it does work.

Ah...lets see, everybody knows how to make a hot toddy so if you got the colds and chills and you're out there shoveling snow and whatever and you want to ah... have a nice hot toddy bring your water to a boil and put an ounce of rum into it, or your favorite liquor of any kind but rum is normally used with two tablespoons or not tablespoons, sorry, two teaspoons of sugar and your rum and hot water and drink that and it will sweat everything out of you.

And if you're out on the ski-doo in the winter time and you get snow blind, when you come home slice some raw potato, lie down and put the potatoes on your eyes for as long as it takes, I guess. I don't know.

For sores on your bottom, or like a lot of people would have child and have sore breast after, you can burn some flour and rub it on and also dry corn starch will work will for the bottom but burnt flour is better for the sore breast. And I know because I've seen an elderly lady here using it on my sister-in-law, so it really worked.

And for prevention of gout, if you can get into fresh cherries; eat at least fifteen fresh cherries every day and you will never have gout, the pain from gout again.

And for urine infection; bring some juniper to a boil and always have it in your freeze and drink some everyday and you'll never have urine infection. It really does cure it, if you do have it.

And for those people that got problems with their bones, arthritis in their bones and problems with their back get some Gin...Gordon's Gin...Beef Eater Gin any kind of Gin, soak some raisins into it, and in the morning you take a tablespoon that morning and a tablespoon at night and it really relieves the pain of arthritis.

Ann, this is an "Oldy" but apparently a "Goody", I use to hear my brothers talking about it. If they were out fishing and they had sores on their arms, here they had the famous word for them "pulp" I don't know where they ever came with that word. But ah...little boils on the wrist. Get some red wool not polyester or anything, it has to be wool, and wrap it nine times around the wrist and it helps prevent the sores, maybe its all in the head but people have used it and said its okay.

And to apply a bread poultice to an infection on your hand or your wrist or anywhere on your body take your bread, you soak it in boiling water and add a few drops of oil or cooking oil or anything and apply it to the area and it will draw out whatever is there, an infection or splinter or whatever.

Let's see to prevent in-grown toe nails, I don't think this is an "oldy". But ah..we'd lift the edge of the toe nail and put a little bit of wool underneath or cut a notch right in the center of the toe nail... that prevents in-grown toe nails.

And for a bee sting, this one is good, I've had that, I've had a bee sting, you apply ice and remove the sting and there would be no swelling or anything after.

And also another one for severe nose bleed, you apply some...a very cold metal object, a spoon or anything at the back of the neck and hold it there and pinch the nostrils for ten minutes, until bleeding stops.

Ah... for tonsillectomy, you make a nice drink ah... rinse your throat out with hot water, honey, dash of lemon and a dash of red peppers. The red pepper now, is the one you buy in the bottles, small little bottle or you can make a drink of tea made with red peppers. The liquid one. So I don't know if I gave you all of those or not, pickling spices, did I give you the one....

Ann O'Brien:

No.

Cora Barney:

If you got a problem out there all you guys for constipation, you want a good laxative mix up a drink of pickling spices, it really works.

And did I give you the one for the chili powder. Okay that's all I have for now, I can't think of anything more.

I hope it's helpful, Ann, in your research or whatever you're doing, and thank you for coming by.

Ann O'Brien:

And thank you for sharing that with me Cora.

HOME REMEDIES

Contributor: Cora Barney

Collector: Anne O'Brien

SORE THROAT:

Drink Cod liver oil.

FEVERS AND COLDS:

Chili powder (or chili peppers)

Boiling Water

Mix together.

Also for Fevers and Colds:

Hot Toddy:

Bring water to a boil

Mix with an ounce of rum (or your favorite liquor or ben equine)

2 teaspoons of sugar

BAD BREATH:

Mix allspice and water. (This makes a really good mouth wash)

SNOW BLINDNESS:

Slice raw potatoes

Place over eyes.

SORES:

(Sore bottom or sore breast)

Burn some flour
Rub it on sore area.

Dry corn starch would work well for the bottoms but burnt flour is better for the sore breast.

GOUT:

Eat at least 15 fresh cherries a day and you'll never have the pain from gout again.

URINE INFECTION:

Bring some juniper to a boil.
You can store it in your fridge and drink some every day .

ARTHRITIS:

Soak some raisins in Gin (any kind of gin)
Take a tablespoon at morning and a tablespoon at night and it really relieves the pain of arthritis.

SORE ARMS:

Sores on arms
Get a piece of red wool (not polyester) wrap it nine times around the wrist and it helps to prevent sores.

INFECTION:

Bread Poultice:
Take bread and soak it in boiling water
Add a few drops of any kind of oil (cooking oil or anything)
Apply it to the infected area. It will draw out whatever is there an infection or splinter or whatever.

INGROWN TOENAILS:

To prevent ingrown toenails:
Lift the edge of the toenail and put a little bit of wool underneath or cut a notch in the center of the toenail.

BEE STING:

You apply ice and remove the sting and there would be no swelling or anything after.

SEVERE NOSE BLEEDS:

Apply a very cold metal object (a spoon or anything) at the back of the neck and hold it there and pinch the nostrils for 10 minutes until bleeding stops.

TONSILLECTOMY:

Hot water
Honey

A dash of lemon

A dash of red peppers (The kind you buy in a bottle)

Use as a drink to soothe the throat.

Or you can make a drink of tea with red peppers(liquid kind).

CONSTIPATION:

Mix up a drink of pickling spices.